

## Hi Coaches!

Here are some important notes regarding the 2023 Colorado Springs Invitational/Rocky Mountain State Games! Sorry for the length but want you to have all the information for ensuring your skater has a positive experience at the competition.

- Centennial Skating Club is committed to the safety of our athletes. Please read up on all policies in the U.S. Figure Skating SkateSafe Handbook (<a href="https://www.usfigureskating.org/sites/default/files/media-files/SkateSafe%20Handbook.pdf">https://www.usfigureskating.org/sites/default/files/media-files/SkateSafe%20Handbook.pdf</a>)
- 2) Starting orders will be posted online on Thursday morning there is a link on the login page of the competition. There is a QR code on the back of your coach credential that will link to this page
- 3) Make sure your skaters participating in the jumps/spins/compulsory moves events are using the most current requirements! These were sent out last week.
- 4) Please make sure that your skaters arrive 60 minutes prior to their event we may run up to 10 minutes early
- 5) Please check in at the registration desk to receive your coach credential only skaters and coaches are allowed at the boards/rink door during competition our ice monitors will report any coaches that are not wearing their credentials to the Chief Referee who will file an ethics report with US Figure Skating for each occurrence
- 6) Please note on the attached rink layout the sides of the rink that your skaters will be on for their half ice events
- 7) We will have glass pulled in both rinks to allow space for coaches to speak to their skaters during the event warm-up
- 8) Note that during competition, all skaters will enter the ice surface via the western-most door and will exit from the same door
- 9) Access to bathrooms for spectators/coaches/skaters will be in the <u>West rink</u>. East rink restrooms are for volunteers and officials only in order to ensure compliance with SkateSafe policies
- 10) Skaters may warm up outside in the designated areas on the Astroturf (weather is supposed to be nice) or in the designated warm-up areas inside the rinks
- 11) Locker rooms will be available to put on skates doors will be bolted open. It is best if skaters come dressed and ready to skate with hair and make-up done there will be individual changing tents available in the East Rink.
- 12) Local Motion will be live streaming and doing videos and action shots at this competition
- 13) Etched It will be doing medal engraving
- 14) Locker Room 4 in the East rink is Coach's hospitality.

We look forward to seeing you all on Sunday!

Best Regards,

Lisa Landon

Competition Chair/Chief Referee